



MULBERRY NEWS UPDATE

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March 2009

- ❖ Revolutionary Coblation Soft-Palate Treatment to combat the nightmare of social snoring and sleep apnea
- ❖ Health and Well-Being Assessments introduced
- ❖ Gardasil – Quadrivalent HPV Vaccine

For all enquiries on services, consultants and appointments contact 01480 416493

Sleep and Snoring Clinics

Coblation Soft Palate Treatment

- ❖ Combats the nightmare of social snoring and sleep apnea
- ❖ Minimally invasive, revolutionary technique
- ❖ Reduced admission time in hospital
- ❖ Noticeable snoring improvement in 1-4 weeks

Mr Chandrappa, Associate Specialist in ENT, is establishing a Sleep and Snoring Clinic to assess the best treatment plan for patients with sleep apnea and social snoring problems. Many of the patients will be able to benefit from the option of minimally invasive Coblation Soft Palate Treatment which is a revolutionary minor theatre procedure requiring only a couple of hours admission to hospital resulting in noticeable snoring improvement within 1-4 weeks.

Health and Well-Being Assessments

- ❖ Specialist Consultant-led Clinics
- ❖ Well-Woman/Man
- ❖ General Health Medicine
- ❖ Cosmetic Surgical Assessment
- ❖ Psycho-Sexual Counselling
- ❖ Infertility evaluation and advice

Health and Well-Being Assessments are being introduced by some of our Specialist Consultants. A variety of packages are available, depending on the needs and concerns of the patient, including Well-Woman/Man, General Medicine, Infertility Problems/Advice and Cosmetic Surgical Assessment including Psycho-Sexual Counselling. The clinics are conveniently timed to avoid the necessity to take time off from work and the complete assessment lasts for up to 1 hour. Results are interpreted and summarised by the specialist(s) and a Personal Report is prepared within 2 weeks. Any disorders or problems will be communicated to the GP and subsequent referral to a different specialist may be required – we anticipate that by a Specialist Consultant performing the initial assessment it should reduce the need for further referral and thus save time should intervention be required.

